

Forest School

A big warm hello to Everyone,

My name is Miss Potter and I will be leading Forest School at Gravenhurst Academy. We will offer all children the opportunity to participate in Forest School on Tuesdays from September. This will have a significant part to play in the children's mental health and wellbeing as we return in the Autumn.

Here are some pictures of me doing Forest School activities.



Through careful planning the children can be offered gradual experiences and they have opportunities to revisit the skills and activities they have been offered. Observations of the children are central to the activities and skills that will be offered in future Forest School sessions. The children's own play is as valued as are the activities planned by the Forest School Leaders. Some of the activities will link to themes from their current topics in their classes.

The children will need to have these things when they take part:

- A long-sleeved top to give protection to arms as they do their chosen activities
- Trousers/ leggings to give protection to legs during activities, they will also require waterproof over trousers
- A pair of wellies or sturdy shoes that are not their school shoes
- A water bottle (this can be their school one)
- A waterproof coat as we will go out even when it is raining
- A woolly hat and gloves
- Spare socks
- Fleece or sweatshirt
- A sun hat and sun cream which should be applied before coming to school if required
- A change of clothes and a carrier bag for dirty/wet clothes.

The children will need to come dressed in Forest School clothing every Tuesday.

Have a great summer and I look forward to meeting you all in September!

Miss Potter
Forest School Lead Teacher