



PSHE and Relationships Education.

Intent

We would like our children to have a happy and successful adult life and to be able to make informed decisions about their wellbeing, health and relationships. We aim to build resilience and to help children understand when to ask for help and to know where to access support. We will promote Values Education and the spiritual, moral, social, cultural, mental and physical wellbeing of our children.

There is now a proven link between pupils' health and wellbeing, and children's academic progress. Crucial skills and positive attitudes developed through comprehensive Personal, Social, Health and Economic education (PSHE) are critical to ensuring children are effective learners." SCARF (our chosen curriculum provider) provides a whole-school approach to building these essential foundations – crucial for children to achieve their best, academically and socially.

Through using SCARF and their specially tailored lesson plans, we at Gravenhurst Academy we intend to:

- Make learning more real, relevant and meaningful
- Help to create richer learning opportunities
- Enable our children to make connections between subjects
- Provide opportunities for the wider development of skills and values

SCARF gives a focus across the three themes of Health and Wellbeing, Relationships and Living in the Wider World. These themes develop children's responsibility for their own actions; respect for the actions and beliefs of others; an understanding of how each individual is protected by the rule of law; and how everyone can make a positive contribution to society through the democratic process. This enables us to link our learning with British Values.

Implementation

We will follow our Long-Term Plan, which shows topics that each class will be following every half term throughout the academic year. From this, in conjunction with the SCARF (Safety, Caring, Achievement, Resilience and Friendship) Scheme of Work, teachers plan inspiring lessons for the children. At the beginning and end of each unit of work, children will carry out a pre-learning and post-learning task. This will show clear progression from what the children know at the beginning of the topic to what they know at the end of the topic.

Impact

Our aim is to have a positive impact on our pupil's wellbeing and resilience. Our children will be prepared for life now and also for their next steps, whether that's moving up to a new Key Stage, middle school, a change in home life, making new friends etc. We will give our children the knowledge, skills and understanding to enable them to make moral judgements, stay safe and also to make positive and healthy choices. They will know how important families are for providing love, security and stability, the importance of friendships and respectful relationships and how to stay safe physically and online.